

## **Article for WIB**

### **By Jan Lockett**

After many years of image consultancy in UK, my husband and I moved to the sunshine and the fabulous lifestyle of the Costa del Sol.

People often ask me – what made you change your profession to become an image consultant? The answer is very simple – when I had my own ‘colours done’ many years ago, followed by a Make Up session and a Style session, I was wearing black, grey, deep navy and burgundy – to name but a few horrors! Also I used to wear pale pink lipstick. Imagine my shock to find out that not only had I been wearing the wrong (and probably quite ageing) colours in clothing all my life, but also my make up kit was completely out of kilter with my natural skin tones. I adore my coral, geranium pink and red lipsticks now and can’t imagine how I ever thought I looked good in washed out pink.

It was a very easy decision for me to spend a few months in training to enable me to go out and show other people exactly what they have been missing out on.

Everyone has a unique skin tone and eye colour, which means some colours make you look great, some have completely the opposite effect. You can look pinched, old, cold, aged and sometimes ill when wearing the wrong colours.

If you want to learn exactly what to wear and how to look your best for every occasion, then expert Colour Analysis shows you the specific colours that will be in perfect harmony with your eyes, skin and hair tones.

Knowing and wearing your correct colours will make you look healthier, younger and fresher, and gives you a renewed sense of excitement and confidence.

Deciding to ‘have your Colours done’ is a decision that can literally change your life. You only do it once in your life – and imagine the money you will save when you can go shopping and come back with garments in fantastic colours and styles, instead of owning a wardrobe full of mistakes.

The things you learn about colour, clothes and make-up will enable you to always look your best, will give you renewed confidence, will help you become a great clothes ‘buyer’ and is a thoroughly enjoyable experience.

Don’t take just my word for it – this is the comment from a recent convert: -

“I have wanted to write a letter of thanks to you for some time now, and

after having just completed the survey questionnaire for House of Colour, I felt I should carry on the sentiments already penned!

Well, what a journey!! I truly feel at peace with myself, something never before attainable, always searching, yet never understanding, at last, I feel comfortable within my own skin and have true self acceptance – but actually like myself too!

A lot of unanswered questions have been laid to rest-now I feel I just would like to be where I want with regards to the clothing in my wardrobe!!

I do however, realise that this takes time and am only just beginning to buy things that I truly love and feel are a true reflection of my 'personality'.

The best part is to realise that it's OK to be me! Not spending my life wishing I was a skinny blond, a size 10 (though that would be nice!) or even to be able to go brown in the sun!! (Instead of being permanently white!!) I accept now, that this is what makes me – who I am!! And for the whole experience – I truly thank you! I know it is your chosen profession, but even so it's the sort of work that requires a lot of giving- emotionally and verbally."

Are you ready for a change? As a woman you have the absolute right to look fabulous wherever you go in life. As the famous advertisement goes "You're worth it!"

Phone Jan Lockett on 687 963 453 for more details.

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