

10% Discount for Women in Business

Long Weekend Coaching Adventure in the Andalucía Mountains- Friday 11th to Monday 14th April

(Soul safari)

What one adventurer said about her experience **“I have come away with a clear idea about who I am and what I want from life. I have a sense of purpose and a clear idea of what my next steps will be. After a few weeks it now feels like I am moving in a much more positive direction and without the insecurities and fears that I have previously experienced. “Olivia, UK.**

Another said “.I arrived feeling overwhelmed by my busy life and needed some time and help to re-connect to myself. I left feeling happy, well-fed, tanned and good about myself and my new decisions.” Art Director, London

During our time together in the Spanish mountains, we will offer you coaching on a personal and group level. Our Adventure takes place in a stunning environment, incorporating river walks and breathtaking views to enhance the coaching experience. This a journey into yourself to rediscover who you are and what makes you truly happy.

No limits

What can you take home with you?

- A clear vision for your future
- A series of 'next steps' to take
- Connection to your purpose in life
- Better internal and external communication
- Improved focus in your work and life
- An inspiring set of memories

Price- 445 Euros (10% discount for WIB @ 400 euros) including all coaching workshops, a personal coaching session, accommodation for 3 nights and meals

Luxury Retreat in the Andalucía Mountains- Date – Saturday 21st to Saturday 28th June

This will be a week long adventure and will look at you as a whole being- your mind, body, emotions, spirit and beyond. There will be a Raw Food Coach to get your nutrition in shape, a yoga teacher- to get your body in shape, a life coach- to get your mental game in shape and more to come. There will be time for walking in the mountains, horse riding, and swimming, as well as free time to rest and to reflect. This is in the creation process now so please let me know what you would love to see happening here that would make you want to come.

Price- TBC

Personal Adventure- This is if you are not into the group thing but would love to experience a Weekend Coaching Adventure. We can set up a more personal coaching adventure. You will have the same experience as for the Long Weekend Adventure but on a one to one basis.

Business Adventure- Are you struggling to find your way to market your business or want more clients? Well 'Your Natural Way' is about finding 'your way' to find clients. We offer different teleclasses and workshops to help you discover what your way is and to really watch your business grow. My business tripled when I did this course as I stopped doing the marketing that worked for other people and did the marketing that worked for my business, so I found my way. It was so coll that I joined the team. We have a **free teleclass** so you can experience the magic of 'Your Natural Way'. For more info check out our website at www.yournaturalway.com or drop me a line to book your free place on a teleclass.

Price- from 70 euros a month

For more details or to book your space on any of the above, check our website www.thecoachinglifecompany.com or give Susan a call on 00 34 952 815 988 or 00 44 207 193 7725 or email susan@thecoachinglifecompany.com If you don't see the Adventure you want we would be happy to design a more bespoke package just for your company or if you have a group of mates who want to do something a bit different.

Many thanks for your time,
Susan Lynch
The coaching life company